## "About Rita Blitt" Barbara A. Glanz, CSP

When I first began writing my "heart" book CARE Packages for the Workplace—Dozens of Little Things You Can Do to Regenerate Spirit at Work for McGraw-Hill in 1995, I asked Rita if she would do a drawing representing the spirit of each of the chapters. How thrilled I was when she accepted! I have been an admirer of Rita's on both a personal and a professional level since we first met nearly 15 years ago. From her sculpture and children's book "Nessie" to drawings of the birth of her granddaughter, Rita always seems to capture the essence of the experience in her drawings. Intensity balanced by joy, depth balanced with spontaneity, she brings her audience to the heart, the core of the feeling. Just as Rita is fully present in each of her relationships, so, too, her work in all its forms is, in its simplicity, a powerful manifestation of her unique spirit and outlook on life. My soul is always deeply challenged by her work, and her personal generosity and concern for others has been a gift to many throughout the world. I am honored to call this inspired woman my friend, and her drawings, I know, have contributed greatly to the success of my book.

Barbara A. Glanz, CSP Professional speaker and author of The Creative Communicator (McGraw-Hill 1998), Building Customer Loyalty (McGraw-Hill 1994), CARE Packages for the Workplace (McGraw-Hill 1996), and CARE Packages for the Home (Andrews McMeel 1998).